

Milan
5-6 September
2019

Università degli Studi di Milano



1st Adult Cystic Fibrosis International Workshop

ADVANCED PROGRAMME

President

Francesco Blasi (Italy)

Scientific and Organising Committee

Stefano Aliberti (Italy)

Stuart Elborn (UK)

Paolo Palange (Italy)

Valeria Raia (Italy)

Michal Shteinberg (Israel)



Per gentile concessione dell'Archivio Fondazione IRCCS Ca'Granda Ospedale Maggiore Policlinico


AFISM
Association Internationale pour la Promotion de Formations
Spécialisées en Médecine et en Sciences Biologiques


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WELCOME LETTER

Dear Colleagues,

It is our great pleasure for me to invite you to participate, and more importantly to contribute to the **1st Adult Cystic Fibrosis International Workshop**.

In the past thinking of dedicating a whole International Congress to Adult Cystic Fibrosis would have been considered a utopia, but, in the last decades, the new epidemiology and the advancement in diagnosis, therapies and treatments have made this topic worth of a dedicate and deep attention.

The aim of the project is to gather the researchers and clinicians specialized in cystic fibrosis to discuss in depth of the critical issues connected with the management of the pathology in adult age.

The Workshop will take place from **September 5th to September 6th, 2019**, in the prestigious venue of the **University of Milan**.

Thanks to the important goals reached in the last years and looking at the new perspectives for life management of patients with Cystic Fibrosis, we look forward that this meeting can become a traditional appointment, to support always new approaches, treatments and frontiers for Cystic Fibrosis.

Joining forces, exchanging clinical experiences, sharing data and instruments, creating a network of active experts in the field are the main goals of the conference.

For this reason, we would be delighted to Welcome you in Milan for the **1st Adult Cystic Fibrosis International Workshop**.

Yours Sincerely,

Francesco Blasi

Professor of Respiratory Medicine
Department of Pathophysiology and Transplantation, Università degli Studi di Milano
Member of Board of Directors, Università degli Studi di Milano.
Head Internal Medicine Department, Respiratory Unit and Adult Cystic Fibrosis Center
Fondazione IRCCS Cà Granda Ospedale Maggiore Policlinico Milano

President Research Center Italian Respiratory Society (SIP/IRS)

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PRESIDENT

FRANCESCO BLASI

Francesco Blasi, MD, FERS is Professor of Respiratory Medicine in the Department of Pathophysiology and Transplantation at the University of Milan, Italy, as well as Head of Internal Medicine Department and Respiratory Unit of the Fondazione IRCCS Ca' Granda Ospedale Maggiore Policlinico, Milan, Italy. He is also director of the Adult Cystic Fibrosis Center of the Lombardia Regional Referral CF Center and currently a member of the Board of Directors of the University of Milan.



From 2012–2013, he was president of European Respiratory Society (ERS) and from 2016–2017 president of the Italian Respiratory Society (SIP/IRS). From 2017–2018, he was president of the Italian Respiratory Society Research Center (SIP/IRS Centro Ricerche).

Professor Blasi has published more than 350 papers in international journals (January 2019: h-index: 67, Citations: 18,268).

His research interests include pneumonia, COPD, bronchiectasis, tuberculosis and NTM infections, cystic fibrosis and lung transplantation.

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SCIENTIFIC AND ORGANIZING COMMITTEE

STEFANO ALIBERTI

Stefano Aliberti is Associate Professor in Respiratory Medicine at the University of Milan and Respiratory Consultant at the Policlinico University Hospital, Milan, Italy.

He received his medical degree from the University of Milan and completed his clinical research training at the University of Louisville, KY, USA, working as member of the Community-Acquired Pneumonia Organization Database.

Most of his researches over the past fifteen years have been focused on both acute and chronic respiratory infections, and particularly on community-acquired pneumonia, bronchiectasis and non-tuberculous mycobacteria (NTM).

He is former Head of the Respiratory Infections Assembly of the European Respiratory Society, chair of the European Registry of Bronchiectasis (EMBARC), the Italian Registry of Bronchiectasis (IRIDE) and the Italian Registry of pulmonary NTM (IRENE).



STUART ELBORN

Stuart Elborn, M.D., FRCP, is clinical professor of respiratory medicine, and centre director for specialist adult cystic fibrosis Royal Brompton Hospital in London.

Prof. Elborn has been Professor of Respiratory Medicine at Queens' University Hospital in Belfast and Dean of the School of Medicine, Dentistry and Biomedical Sciences at Queens University, Belfast until 2016. He has been Non-Executive Director at Belfast Health & Social Care Trust since April 1, 2016.

Prof. Stuart Elborn trained in Belfast and helped developing Cystic Fibrosis Centres for adults in Nottingham and Cardiff. Back in Belfast in 1995 he started a new Adult Cystic Fibrosis Centre providing care for all adults with cystic fibrosis in Northern Ireland.

He was President of the European Cystic Fibrosis Society from 2008 to 2015.



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SCIENTIFIC AND ORGANIZING COMMITTEE

PAOLO PALANGE

Prof. Paolo Palange is Director of Pulmonary Function Unit (2001-today) and Director Division of Internal Medicine and Respiratory Medicine (2010-today) at Policlinico Umberto I – La Sapienza University of Rome.

He is Full Professor of Respiratory Medicine (2013-today) at La Sapienza University (Rome).

His main research fields are Cystic Fibrosis, COPD, Asthma, Lung Function Testing, Cardiopulmonary exercise testing, Exercise induced asthma.

He has been involved in the European Respiratory Society since '90 years. He has been chairmen of different ERS Task Forces, Seminar and Projects. He was the director of the ERS Hermes Program from 2011 to 2013.

He published more than 130 international articles and scientific works.



VALERIA RAIA

Valerie Raia graduated in Medicine in 1978 and specialized in Paediatrics in 1983.

Since 2011 she has been Associated Professor of Paediatrics at Federico II University in Naples.

She is director of the Regional Center for Cystic Fibrosis in the Naples area. She started her research path on cystic fibrosis in 1986, when she started studying on CF pathogenesis and related issues.

She has been elected President of the Italian Society for Cystic Fibrosis Study in 2017.



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MICAL SHTEINBERG

Michal Shteinberg is heading the bronchiectasis and adult CF service in the Pulmonology institute and CF center, Carmel medical center, Haifa, Israel.

She is a clinical lecturer in the Faculty of medicine at the Technion, Israel Institute of Technology.

Main research interests are bronchiectasis and its overlap with asthma and chronic rhinosinusitis, and adult CF- mainly, female infertility in CF.



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ORGANISING ASSOCIATION

The 1st Adult Cystic Fibrosis International Workshop is organized by:



L'Association Internationale pour la promotion de Formations Spécialisées en Médecine et en Sciences Biologiques (AFISM) is an international association devoted to promoting and enhancing the continuing professional development and post-degree education in medical, scientific and technical professions. AFISM organises high level educational events, practical workshops, debates, consensus conferences and international congresses to help specialists to keep themselves up to date with all the new and quick advancements in the different disciplines.

Encouraging the networking among professionals, AFISM is also focused in strongly support the sharing of evidence-based knowledge and discourages the diffusion of practices which are not supported by evidence, preventing the circulation of harmful fake news but still maintaining an open dialogue with all the different actors.

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TOPICS

- Cancer prevention
- CF Epidemiology
- Diagnosis overview
- End of life management
- ERS/ECFS/NICE guidelines in adult patients
- Lung transplant
- Management of infections
- New treatments for Cystic Fibrosis
- NTM: how to deal with
- Patients life management
- Pregnancy in Cystic Fibrosis patients
- Social employments issues
- Transition

MAIN SESSIONS / LECTURES

- Living with cystic fibrosis
- From epidemiology to guidelines
- New treatments for cystic fibrosis
- Transition or not transition
- Management of infections
- NTM: how to deal with
- Specific adult issues
 - ✓ Wellbeing, social and employment problems
 - ✓ Pregnancy: when and how
 - ✓ End of life management

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VENUE

The 1st Adult Cystic Fibrosis International Workshop will be held in the prestigious University of Milan, on September 5th – 6th, 2019.



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Via Festa del Perdono 7
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For more information, please visit the website:
<http://www.unimi.it/>

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ORGANISING SECRETARIAT



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IMPORTANT DEADLINES



**DEADLINE FOR AIFA PROCEDURE
SUBMISSION**

MAY 28TH, 2019*



DEADLINE FOR RISING STARS CANDIDACY

JUNE 10TH, 2019



DEADLINE FOR POSTERS SUBMISSION

JUNE 17TH, 2019



DEADLINE FOR EARLY REGISTRATION

JULY 7TH, 2019



**POSTERS AND RISING STARS
NOTIFICATION OF ACCEPTANCE**

**WITHIN JULY 19TH,
2019**



**POSTERS AND RISING STARS DEADLINE
FOR REGISTRATION**

**WITHIN JULY 26TH,
2019****

**for Italian Pharmaceutical companies – deadline established 100 days before event (the organising secretariat will send complete documentations to companies and will register the event in AIFA database).*

***After this deadline presenters who have not registered will lose the opportunity to have their posters/presentation included in the Abstract Book and presented on site.*

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CME ACCREDITATION

EUROPEAN CME ACCREDITATION

The **request** for the **European accreditation of the 1st Adult Cystic Fibrosis International Workshop** will be submitted to the UEMS/EACCME and to the European Board for Accreditation in Pneumology (EBAP). The acceptance and number of the granted European CME Credits will be announced in the due time.

ITALIAN CME ACCREDITATION

The workshop will be accredited for Italian CME – E.C.M. thanks to the cooperation with the Italian CME Provider EVE-LAB (Agenas Provider n. 5306). More information about Italian CME and AIFA approval procedure for companies will be published on the Workshop web site from March 2019.

SPECIALTIES

The congress programme has been designed to fulfill the educational and updating needs of professionals operating in the following specialties:

- Allergology
- Immunology
- Internal Medicine
- Otolaryngology
- Respiratory Medicine
- Gastroenterology
- Paediatrics
- Radiology

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PRELIMINARY FACULTY LIST*

Addy Charlotte (United Kingdom)*

Aliberti Stefano (Italy)

Altenburg Josje (The Netherlands)*

Assael Baroukh (Italy)

Benden Christian (Switzerland)

Blasi Francesco (Italy)

Burgel Pierre-Regis (France)

Castellani Carlo (Italy)

Cathcart Fiona (United Kingdom)

Chotirmall Sanjay Haresh (Singapore)*

Colombo Carla (Italy)*

Davies Jane (United Kingdom)

Dupont Lieven (Belgium)

Elborn Stuart (United Kingdom)

Felton Imogen (United Kingdom)*

Gramegna Andrea (Italy)*

Haworth Charles Stephen (United Kingdom)

Madge Susan (United Kingdom)

Maetz Jessica (France)

Maisonneuve Patrick (Italy)

Makhmutova Victoria (Russian Federation)

Morlacchi Letizia (Italy)*

Palange Paolo (Italy)

Perez Miranda Javier (Spain)*

Plant Barry (Ireland)

Raia Valeria (Italy)

Schwarz Carsten (Germany)

Shteinberg Michal (Israel)

Simmonds Nicholas J. (United Kingdom)

Stickland Caroline (United Kingdom)

Taccetti Giovanni (Italy)

Wood Jayne (United Kingdom)

**Speakers to be confirmed*

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SCIENTIFIC PROGRAM

updated on February 22nd, 2019

September 5th, 2019

- 12.00 – 12.30 Registration
12.30 – 13.00 Welcome address
F. Blasi (Italy)

RISING STAR SESSION

Chairs: F. Blasi, S. Aliberti, S. Elborn, P. Palange, V. Raia, M. Shteinberg

- 13.00-13.15 Rising Star presentation 1
13.15 – 13.30 Q&A and Advising time
13.30 – 13.45 Rising Star presentation 2
13.45 – 14.00 Q&A and Advising time

Each lecture will be followed by 10' question time and 5' of comments and advices by the Chairmen

SESSION 1: LIVING WITH CYSTIC FIBROSIS

Chair: P. Palange (Italy) – J. Davies (United Kingdom)

- 14.00 -14.30 How I live with my Cystic Fibrosis
J. Maetz (France)
14.30 - 15.00 How I live with my Cystic Fibrosis Partner
TBA
15.00 - 15.30 Discussion
*A. Gramegna (Italy) – J. Perez Miranda (Spain)**

15.30 - 16.00 COFFEE BREAK & STROLLING POSTER SESSION

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September 5th, 2019

SESSION 2: FROM EPIDEMIOLOGY TO GUIDELINES

Chair: F. Blasi (Italy) – V. Raia (Italy)

- 16.00 – 16.30** (Re)discovering mucoactive drugs in CF
C. Castellani (Italy)
- 16.30 – 17.00** The epidemiologic panorama of Cystic Fibrosis
PR. Burgel (France)
- 17.00 - 17.30** The ERS/ECFS and NICE updates guidelines on the care of adults with cystic fibrosis
S. Elborn (UK)
- 17.30 -18.00** Discussion
J. Altenburg (The Netherlands) – C. Addy (UK)**

18.00 – 19.00 SPONSORED SYMPOSIUM – SLOT 1

19.00 – 19.30 KEY NOTE LECTURE 1

Chair: S. Elborn

New treatments for Cystic Fibrosis
J. Davies (UK)

19.30-21.00 WELCOME RECEPTION

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September 6th, 2019

8.30-9.00 KEY NOTE LECTURE 2

Chair: V. Raia (Italy)

Transition or not transition

S. Madge (UK)

SESSION 3: MANAGEMENT OF INFECTIONS

Chair: S. Aliberti (Italy) – M. Shteinberg (Israel)

- 9.00 - 9.30** Adults are different
B. Plant (Ireland)
- 9.30 - 10.00** Inhaled antibiotics
C. Schwarz (Germany)
- 10.00 - 10.30** Macrolides and anti-inflammatories
G. Taccetti (Italy)
- 10.30 - 11.00** Discussion
J. Altenburg (The Netherlands) – A. Gramegna (Italy)*

11.00-11.30 COFFEE BREAK & STROLLING POSTER SESSION

11.30-12.00 SPONSORED LECTURE – SLOT 2

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12.00 -12.30 KEY NOTE LECTURE 3

Chair: B. Assael (Italy)

The Management of NTM in CF

C. Haworth (UK)

12.30 -13.00 KEY NOTE LECTURE 4

Chair: TBA

Mycobiome in Cystic Fibrosis and beyond: a clinical perspective

S. H. Chotirmall (Singapore)*

PANEL DISCUSSION

13.00 -13.30 Panel Discussion with a Junior Member presenting difficult clinical cases

13.30-14.30 **LUNCH**

SESSION 4: SPECIFIC ADULT ISSUES

Chair: C. Colombo* (Italy) – V. Makhmutova (Russia)

14.30 – 15.00 Making the difficult diagnosis
N. Simmonds (UK)

15.00 - 15.30 Cancer prevention: when, how, for whom?
P. Maisonneuve (Italy)

15.30 – 16.00 Lung transplantation in CF: indications and contraindications
C. Benden (Switzerland)

16.00 – 16.30 Management of pulmonary complications
L. Dupont (Belgium)

16.30 -17.00 Discussion
L. Morlacchi (Italy) – I. Felton* (UK)*

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SESSION 5: LIVE AND DIE WITH CYSTIC FIBROSIS

Chairs: F. Blasi (Italy) – S. Elborn (UK)

- 17.00 – 17.30** Wellbeing, Social and employment problems
C. Stickland (UK)
- 17.30 – 18.00** Pregnancy: when and how
M. Shteinberg (Israel)
- 18.00 – 18.30** End of life management
J. Wood (UK)
- 18.30 – 19.15** Panel Discussion
Chaired by F. Cathcart (UK)

19.15 – 19.30 CLOSING REMARKS

S. Aliberti, F. Blasi, S. Elborn, P. Palange, V. Raia, M. Shteinberg

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REGISTRATIONS

Please register as early as possible to benefit from the Early Registration Fee. Registrations can be made directly through our website www.adultcysticfibrosis.org. Please note that registration will only be confirmed once payment has been received. The invoice that will be received serves as confirmation of registration.

REGISTRATION FEE*	EARLY FEE Before July 7th, 2019	LATE FEE After July 7th, 2019 and on-site
RESEARCHERS & CLINICIANS	€ 350	€ 400
TRAINEES / STUDENTS**	€ 195	€ 245
INDUSTRIES	€ 750	€ 850

RATES ARE WITHOUT VAT ESTABLISHED BY THE ITALIAN AUTHORITIES (ACTUALLY 22%). IN CASE OF MODIFICATIONS OF VAT RATES, PUBLI CRÉATIONS RESERVES THE RIGHT TO INFORM THE CLIENT AND READJUST QUOTES.

***PLEASE, PROVIDE CERTIFICATION*

FOR EACH REGISTRATION A HANDLING FEE OF 15 € + VAT WILL BE APPLIED TO COVER ADMINISTRATIVE COSTS, BANK OR CREDIT CARD EXPENSES.

REGISTRATION FEE INCLUDES

- Attendance to the Main Scientific Sessions and workshops
- Congress kit
- Welcome Ceremony
- Lunch and Refreshments during breaks as per Workshop Program
- Entrance to the Poster Area & Exhibition

CANCELLATIONS AND REFUNDS

Cancellation or modification of registration must be sent writing to the Organizing Secretariat Publi Créations (acf@publicreations.com).

- Before 7 May 2019 all fees will be refunded minus 40 Euro + VAT for administrative charges.
- Between May 8th and June 23rd, 2019, 50% of the total amount of registrations will be refunded
- After June 24th, 2019 no refunds will be made.

All name changes ARE FREE OF CHARGE before May 7th, 2019. After May 7th, 2019 35 Euro + VAT for each change. All refunds will be settled after the meeting.

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WORKSHOP GENERAL INFORMATION

ADMISSION

The participant's name badge will be provided at the registration desk. All participants are requested to wear the badge throughout the congress. Only badge holders will be admitted to the appropriate sessions, exhibition and social events.

PRESENCE CONTROL

Effective attendance is checked through badge scanning when going in and coming out of the plenary room.

CERTIFICATE OF ATTENDANCE

The certificate of attendance will be downloadable from the website www.adultcysticfibrosis.org using the personal log-in credentials sent by e-mail, starting from 14 July 2019.

Important note: Certificate of attendance would be delivered only to registered participants who attend at least 6 hours of congress sessions.

For Sponsored Groups: Please note that in order to send the certificate of attendance to each participant, we will need the personal e-mail.

CME ACCREDITATION

An application will be submitted to EACCME® (European Accreditation Council for Continuing Medical Education) and EBAP (European Board for Accreditation in Pneumology) for CME accreditation of this event.

Italian CME procedure will be made. Please consult the Workshop website from March 2019 to have more information.

AIFA

For Italian Sponsors or Sponsored Groups from Italy, the AIFA dossier should be submitted no later than May 20th, 2019. Please contact the secretariat to know which is the Italian Agency taking care of the AIFA pre-request.

LANGUAGE

The official language of the Congress is English. No simultaneous translation will be provided.

LETTER OF INVITATION

The Secretariat will be pleased to send letters of invitation to any individual making such request. A letter of invitation often facilitates the procedure of obtaining a Visa. Please note that the letter is not a commitment on the part of the Workshop to provide any financial support.

SECRETARIAT

The secretariat desk will open on Thursday, September 5th, 2019, and stay open throughout the Congress.

INSURANCE

The Congress organizers cannot accept liability for personal injuries sustained, or for loss or damage to property belonging to Congress participants, either during or as a result of the Congress. Registration does not include insurance. It is strongly recommended that you take an insurance policy of your choice as you register for the Congress and book your travel.

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NOTES

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